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Paris, 11 Feb. 2010

Beatles' Swadhyay-song

There is this bliss of 'none-ness' in our inner being, this wholeness & purity of awareness. This vitality has nothing to do with the silly-separative structure of our consciousness along with its everlasting vulgarity of ache, agony, animosity, ambition, agitation, arrogance and so on in which we remain caught up. This situation exists because of the constant repetition of 'I' & 'Me' (Chittavritti) and the consequent rejection of the benediction of 'No-I' (Chaitanya) in our inner being. And thus we remain pre-occupied with all kinds of pursuits in idiotic becoming and its delusions.

Swadhyay begins when we wake up to the activities of 'I'-ness as is seen in the Beatles' song below:

I ME MINE

*All through the day, I me mine
I me mine, I me mine
All through the night, I me mine
I me mine, I me mine
Now they're frightened of leaving it
Everyone's weaving it
Coming on strong all the time*

All through the day I me mine

*I-I me me mine, I-I me me mine,
I-I me me mine, I-I me me mine,*

*All I can hear, I me mine
I me mine, I me mine
Even those tears, I me mine
I me mine, I me mine
No-one's frightened of playing it
Everyone's saying it
Flowing more freely than wine*

All through the day I me mine

*I-I me me mine, I-I me me mine,
I-I me me mine, I-I me me mine,*

*All I can hear, I me mine
I me mine, I me mine
Even those tears, I me mine
I me mine, I me mine
No-one's frightened of playing it
Everyone's saying it
Flowing more freely than wine*

All through the life, I me mine

JAI BEATLES